PHOENIX RESOURCES

AFFORDABLE HOUSING

1. Arizona Low Income Housing
   https://www.lowincomehousing.us/
2. Community Housing Partnership
   609 N. 9th Street
   Phoenix, AZ 85006
   (602) 253-6905
3. Hope for Homes
   https://hopeforhomesinc.com/
   (602) 518-0089
4. Housing Done Wright
   https://housingdonewright.com/
   (910) 446-8746
5. Phoenix Rescue Mission
   https://phxmission.org/outreach
   (833) 467-3749 or dial 711
6. Phoenix Housing Department
   https://www.phoenix.gov/administration/departments/housing.html
   (602) 262-6794
7. Westward Ho Apartments
   wwoleasing@pag-cdg.com Email
   (602) 258-6221 ex 311
   618 N. Central Ave
   Phoenix, AZ 85004

APPLIANCE REPAIR

1. Helping Hands Home Repairs
   Vinyard Church
   https://vineyardnorthphoenix.com/helpinghands/
2. Weatherization Assistance Program
   rehab.nsd@phoenix.gov
   (602) 534-4444 ex. 3

CAR REPAIR HELP

1. Arizona Dept of Child Safety
   https://dcs.az.gov/helping-grand-concrete-resources

CELL PHONE (FREE)

1. Life Wireless
   https://lifewireless.com/plans/arizona-lifeline-free-phone-service
2. Boost Mobile
   (866) 957-8278

CHRUCH SERVICES/ PRAYER

1. Dream City Church services
   Phoenix, Glendale, & Scottsdale Campus
   https://www.dreamcitychurch.us/
   Sunday 9 am & 11 am
   Wednesday 630 pm (Phoenix Campus Only)
2. Global 365 Prayer Network
   Prayer Pavillion – Phoenix Campus
   https://prayerpavilion.org/
   Tuesday's 630 pm

CLOTHING

1. Andre House
   https://www.andrehouse.org
   (602) 255-0580
   Services Laundry, Clothing, Shower, Blankets
2. Phoenix Rescue Mission
   https://phxmission.org/outreach
   (833) 467-3749 or dial 711

COUNSELING SERVICES

1. Jennifer Cecil, Church Counselor
   (602) 694-5403
2. Phoenix Rescue Mission
   https://phxmission.org/outreach
   (833) 467-3749 or dial 711

DOMESTIC VIOLENCE

1. AZ Coalition
   https://www.acesdv.org
   Helpline chat (602) 279-2980 or (800) 782-6400

2. Chrysalis
   https://www.noabuse.org
   (602) 944-4999 Hotline
   Services
   - Emergency shelter
   - Transportation
   - Case management / education supports groups
   - Counseling / mental healing
   - Transitional housing (480) 890-3039
   - Schedule intake (602) 955-9059
3. National help lines
   - Domestic violence (800) 799-7233
   - Sexual abuse (800) 656-4673
   - Strong hearts Native Helpline (844) 762-8483
   - Dating Abuse Hotline (866) 331-9474
4. Sojourner Center
   https://www.sojournercenter.org
   (602) 244-0997
   If you are experiencing domestic violence, sexual assault or human trafficking, call
   (602) 244-0089

DISABLE PEOPLE HELP

1. Area Agency on Aging for disabled
   https://www.aaaphx.org/
   (602) 264-2255
   65 and older
2. Catholic Charities
   https://www.catholiccharitiesaz.org/
   (602) 285-1999
3. Labor Community Services
   https://www.lcsaphx.org/Home/
   (602) 263-5741
4. Phoenix housing for disabilities
   https://www.phoenix.gov/housing/findingaffordablerental/persons-with-disabilities
   (602) 771-1000
5. Valley Life
   https://www.valleylifeaz.org/
   (602) 371-0806

DRUG / ADDICTION ASSISTANCE

1. Dream Center
   https://phoenixdreamcenter.org/
   (602) 346-8716 General Assistance
   (602) 816-6582 Life Recovery Program Men
   (602) 706-1876 Life Recovery Program Women
   (602) 346-8786 or (602) 516-0033 Human Trafficking Program
2. Phoenix Rescue Mission
   https://phxmission.org/outreach
   (833) 467-3749 or dial 711
3. Teen Challenge AZ
   https://tcaz.org/
   1(800) 346-7859

EDUCATION (ADULT)

1. Excel Center
   https://excelcenteraz.org/
   (602) 535-4401
2. Literacy Phoenix
   https://literacyphoenix.org/
   lvmc@lvmc.net - Email
   (602) 274-3430
   Learn English, High School Diploma

EYE CARE

1. Vision Care Financial Assistance
   https://preventblindness.org/vision-care-financial-assistance-information/
   (800) 331-2020
   info@preventblindness.org

FINANCIAL/UTILITY HELP

1. APS crisis bill assistance
   https://www.aps.com/en/Residential/Account/Assistance-Programs/Crisis-Bill-Assistance
2. Friendly House
   https://www.friendlyhouse.org/
   (602) 257-1870
   Call 1st Thursday of the month 9 am – 11 am
3. City of Phoenix
   https://www.phoenix.gov/humanservices/programs/emergency

(602) 534-2433
Financial and utility assistance

4. John F. Long Family Services
   (602) 262-6510
   Call Monday morning starting at 8 am
5. Human & Social Services
   (602) 495-5229
   Call at 8 am to make appointment
6. Travis L. Williams Family Services
   (602) 534-4732
   Call on Monday morning at 8 am
7. Salvation Army
   https://www.salvationarmyphoenix.org/family-services
   (602) 267-4127
   Call and leave contact information
   Project Share APS, SRP call
   (602) 267-4122
8. Sunnyslope Family Services
   (602) 495-5229
   Call at 8 am to make appointment
9. Wildfire
   https://wildfireaz.org/
   (602) 404-0640

Rental Assistance

1. Chicanos Por La Causa
   https://cplc.org/regions/arizona
   (602) 253-0838 or (602) 527-8451
2. Department of Economic Security
   https://des.az.gov/ARAP
   1(833) 912-0878
3. Family Services Centers
   https://www.phoenix.gov/humanservices/programs/emergency
   (602) 534-2433
4. Foundation for Senior Living
   https://www.fsl.org/
   (602) 285-0505 ex. 180
5. Lutheran Social Services
   https://www.lss-sw.org/
   (480) 396-3795

6. Pilgrims Rest Baptist Church
   https://pilgrimrestphx.org/
   (480) 396-3795
7. Wildfire
   https://wildfireaz.org/
   (602) 404-0640
8. St Vincent de Paul
   https://www.stvincentdepaul.net/get-help/rent-and-utility-bill-assistance
   (602) 508-6948

Hotel Vouchers

1. Catholic Charities
   (602) 285-1999
2. Salvation Army
   (602) 267-4159
3. St. Vincent de Paul
   (602) 254-4159

FOOD PANTRIES

1. **Mom's Pantry**
   https://momspantryphoenix.org/
   (602) 992-0083
   13440 N. Cave Creek Rd.
   Phoenix, AZ 85022
   Open Saturday 10-2 Sunday 10-1
2. **Arizona Kosher Food Pantry**
   https://azkosherpantry.org/
   (602) 492-4989
   7118 N. 7th Street
   Phoenix, AZ 85020
   Monday – Friday 9 am – 1 pm
3. **Arizona Food Bank Network**
   www.azfoodbanks.org/get-food
   (602) 528-3434
4. **AZCEND**
   Food Bank - AZCEND
   (480) 963-1423
   345 S. California St.
   Chandler, AZ 85225
   Monday, Noon – 3pm, Tuesday, 3-6 Pm
   Wednesday, 9am – Noon, Thursday, 9am – Noon

Perishable food every Friday morning beginning @ 7:30 am
Every 3rd Saturday of the month at 9 am

5. **Arizona Association of Food Banks**
   www.azfoodbanks.org
6. **Dessert Mission Food Bank**
   https://www.desertmission.com/food-bank/
   (602) 870-6062
   9229 N. Fourth St
   Phoenix, AZ 85020
   Monday – Thursday 9 am – 5 pm
   Friday 9 am – 12 pm
7. **Foothills Food Bank**
   https://foothillsfoodbank.com/
   Cave Creek Location
   (480) 488-1145
   6038 E. Hidden Valley Drive
   Cave Creek, AZ 85331
   Monday-Friday 9 am – 12 pm
   Thursdays 1-3 pm
   Black Canyon City Location
   (623) 374-9441
   34550 Old Black Canyon Highway
   Black Canyon City, AZ 85324
   New River Location
   (623) 465-9461
   42425 N. New River Road
   Phoenix, AZ 85086
8. **Harvest Compassion**
   https://harvestcompassioncenter.org/
   (602) 788-2444 – North Phoenix
   (602) 841-7110 – West Phoenix
   (623) 247-0039 – Maryvale
   4744 E. Thunderbird Rd., Ste 9
   Phoenix, AZ 85032
   Monday, Wednesday & Friday 8 am – 12 pm
9. **Hope For Hunger Food Bank**
   www.Phoenixrescuemission.org/hope-for-hunger
   (602) 773-4344
   5605 N. 55th Ave

Glendale, AZ 85301

10. **Market on the Move (The 3000 Club Phx)**
    https://www.marketonthemove.org/phoenix-home
    1741 West Rose Garden Lane #6-10
    Phoenix, AZ 85027
    (623) 980-7357
    Friday 12-4 pm, Saturday 6-10 am, Wednesday 12-4 pm
11. **Native Health**
    https://www.nativehealthphoenix.org/services/resources/food-programs/
    (623) 279-5262 ext. 11027
    Central Phoenix and West Mesa
12. **Neighborhood Ministries**
    https://nmphx.com/food-bank/
    (602) 252-5225
    1918 W. Van Buren St
    Phoenix, AZ 85009
    Fridays 8 am – 11 am, Drive Thru Distribution
13. **Nourish Phx**
    https://nourishphx.org/
    (602) 254-7450
    501 S. 9th Ave
    Phoenix, AZ 85007
    Monday – Friday 9 am – 11 am
14. **Oasis Community Church Food Pantry**
    https://www.occphx.net/pantry
    (602) 494-9557
    3546 E. Thomas Road
    Phoenix, AZ 85008
    Saturdays 10am – 12pm
15. **Olive Branch Community of Hope**
    https://olivebranchcommunityofhope.org/contact
    (602) 956-1620
    15014 N. 56th St
    Scottsdale, AZ 85254
    Saturdays 10am – 12pm
16. **PV Community Food Bank**
    https://www.pvcommunityfoodbank.org/
    (602) 867-9228 – Call to schedule Appt
    Monday – Friday 9 am – 330 pm
    Saturday 9 am – 1130 am

17. **St. Mary's Food Bank**
    https://azfoodhelp.org/
    (602) 344-4124 or (602) 242-3663
    Food Delivery
    https://azfoodhelp.org/home-delivery/
18. **St Vincent de Paul**
    (602) 433-7613
    6351 N. 27th Ave
    Phoenix, AZ 85017

19. **United Food Bank**
    https://unitedfoodbank.org/
    (480) 926-4897
    245 S. Nina Drive
    Mesa, AZ 85210
20. **Vineyard Food & Clothing**
    https://vineyardnorthphoenix.com/foodbank/
    (623) 934-4000
    6250 W. Peoria Ave
    Glendale, AZ 85302
    Monday, Tuesday & Thursday 7 pm
    Wednesday, Friday, Saturday & Sunday 9 am
21. **Vista Del Camino (South Scottsdale)**
    https://azfoodbanks.org/maps/vista-del-camino/
    (480) 312-2323
    7700 E. Roosevelt St.
    Scottsdale, AZ 85257
22. **West Valley Community Food Bank**
    https://www.westvalleycommunityfoodpantry.org/
    (623) 848-8278
    7205 N. 51st Ave
    Glendale, AZ 85301
    Monday, Wednesday & Thursday
    9 am – 12 Noon

FOUNDATIONS

1. Save the Family – Foundation on Arizona
   https://savethefamily.org/
   (480) 898-0228
   (Offers homeless family's three housing programs to focus barriers to self-sufficiency to help families end their homelessness.)

GROUPS

1. Dream City Church Groups
   https://www.dreamcitychurch.us/locations/phoenix-az/connect/groups/
   a. **Abortion Recovery** – Bible study group exclusively for post-abortive women
   b. **Champions of Faith: The Gathering** 2nd & 4th weeks on Saturday @ 10:45 am
   c. **DREAMarriage** - Weekly on Sundays @ 9 am (Couples Marriage & Family)
   d. **Dream City Singles** – Open and Ongoing
   e. **Dream Family** – Weekly Sundays @ 9 am (Parents & Parenting)
   f. **Forge X** – Every 4th week on Monday (Adult Men)
   g. **GriefShare** – Weekly on Sundays @ 9 am
   h. **Manhood Mondays** – Weekly on Mondays @ 6:30 am (Adult Men)
   i. **Men's Basketball** – Weekly on Saturdays @ 8 am (Adult Men)
   j. **Men's Morning Prayer** – Weekly on Tuesday @ 6 am (Adult Men Prayer)
   k. **Single Moms** – 1st & 3rd Sundays @ 9am
   l. **Splendid Womens Group –** Weekly on Mondays @ 6:30 pm
   m. **Splendid Women's Bible Study -** Weekly on Thursdays @ 10 am
   n. **We are Family** – Every other week on Thursdays @ 7 pm (Adult Bible Study)
   o. **Young Adults** – 1st & 3rd weeks on Thursdays @ 7pm (18-29 year olds)

HEALTH / DENTAL

1. AZ Dept. of Health Services
   https://des.az.gov/services/basic-needs/food-assistance/contact-des
   1(855) 432-7587
2. Carrington Dental School
   (602) 427-0722 Phoenix
3. Circle the City
   https://circlethecity.org/
   (602) 776-0776
4. Circle the City – Mobile Medical Care
   https://circlethecity.org/MOBILE-MEDICAL-CARE/
   (602) 776-0776
5. Desert Mission Health Center - Noah
   https://noahhelps.org/health-center-locations/desert-mission-health-center/
   (480) 882-4545
6. Keys to Change
   https://keystochangeaz.org/
   (602) 282-0853
7. Happily Ever After League – AZ mom's cancer recovery with one dependent child at home.
   https://www.happilyeverafterleague.org/

(602) 271-9961

8. Phoenix College Dental Clinic
   https://www.phoenixcollege.edu/community/community-services/dental-clinic
   (602) 285-7323
9. Phoenix Children's
   https://phoenixchildrens.org/about-us/healthcare-outreach/crewsn-health
   (602) 933-9339
10. Bob & Renee Parsons Children's Dental Clinic
    https://www.bgcaz.org/parsons-dental-clinic/
    (602) 271-9961
11. SVDP Medical and Dental Clinic for children
    (602) 261-6888
    Adult dental servs, there is a lottery for the first 30 people that show up
    Opens 8 am
12. Desert Mission Health Center - Noah
    https://noahhelps.org/health-center-locations/desert-mission-health-center/
    (480) 882-4545

HELPFUL HOTLINES

1. Treatment Locator
   (800) 662-4357
   http://findtreatment.gov
2. National Domestic Violence Hotline
   (800) 799-7233
   http://thehotline.org/help/
3. The National Alliance for Mental Illness (NAMI)
   (800) 950-6264
   https://www.nami.org/About-Mental-Illness/Common-with-Mental-Illness/Substance-Use-Disorders
4. Hazelden Betty Ford Foundation
   (800) 950-6264
   http://www.hazeldenbettyford.org/recovery/tools/daily-pledge
5. National Suicide Prevention Lifeline
   (800) 273-8255
6. National Child Abuse Hotline
   (800) 422-4453
7. National Association for Children of Alcoholics
   (888) 554-2627
8. Alateen
   (888) 425-2666

9. National Drug Abuse Hotline
   (800) 662-4357
10. Youth Crisis Line
    (800) 448-4663

HOMELESS ASSISTANCE

1. Homeless ID Project
   (602) 223-3427
   https://www.justserve.org/HomelessIDProject
   AZ Id Replacement/Birth Certificate Replacement
   206 S. 12th Ave, Phoenix, AZ 85007
2. Homeless ID Project
   (602) 262-4636
   Acacia Library
   750 E. Townley Ave, Phoenix, AZ 85020
   2nd & 4th Thursday of each month – 1 – 3 pm
   AZ Id Replacement/Birth Certificate Replacement

HOUSING ASSISTANCE / AFFORDABLE HOUSING

1. Arizona Low Income Housing
   https://www.lowincomehousing.us/
2. Community Housing Partnership
   609 N. 9th Street
   Phoenix, AZ 85006
   (602) 253-6905
3. Hope for Homes
   https://hopeforhomesinc.com/
   (602) 518-0089
4. Housing Done Wright
   https://housingdonewright.com/
   (910) 446-8746
5. Phoenix Rescue Mission
   https://phxmission.org/outreach
   (833) 467-3749 or dial 711
6. Phoenix Housing Department
   https://www.phoenix.gov/administration/departments/housing.html
   (602) 262-6794
7. Westward Ho Apartments
   wwoleasing@pag-cdg.com Email
   (602) 258-6221 ex 311

618 N. Central Ave
Phoenix, AZ 85004

JOB TRAINING

1. Arizona Job Connection
   https://www.azjobconnection.gov/programs
   (602) 542-2460
2. Arizona@Work
   https://arizonaatwork.com/recruit-talent/training-programs
3. Phoenix Rescue Mission
   https://phxmission.org/outreach
   (833) 467-3749 or dial 711
4. SVDP
   (602) 850-6722
5. US Department of Labor
   https://www.dol.gov/general/topic/training/adulttraining
   1(866) 487-2365

LANDLORD/TENANT COUNSELORS

1. Landlord and Tenant Program
   www.Phoenix.gov/humanservices
   (602) 262-7210
   Walk-In Hours from 8 am – 230 pm

LEGAL SERVICES

1. Arizona Justice Center
   https://www.azjusticecenter.org/
   (623) 847-2772 Main Phone
   (623) 939-6546 Law Division
2. Arizona Legal Services
   https://azlegalservices.com/
   (602) 788-5340
3. Community Legal Services
   https://clsaz.org/
   (602) 258-3434
4. Legal Aid of Arizona
   https://legalaidaz.com
   (480) 658-2552

MEDICAL EQUIPMENT

1. Got DME?

https://gotdme.org/search

MORTGAGE HELP

1. Arizona Department of Housing
   https://housing.az.gov
   (877) 448-1211

NATIVE AMERICANS HELP

1. Phoenix Indian Center
   www.nativeconnections.org
   (602) 264-6768

PET FOOD PANTRIES/ASSISTANCE

1. AZ Pet Project
   https://azpetproject.org/resources/community-resources/
2. Empty Bowl Pet Food Pantry
   https://www.animalsandhumansindisaster.org/
   (602) 909-7153
3. Cause4Paws Pet Food Bank
   https://www.cause4pawsaz.org/home.html
   (480) 577-6777
4. Chuck Waggin' Pet Food Pantry
   https://pacc911.org/chuck-waggin
   (602) 730-5044
5. Dogs Day Our
   https://www.facebook.com/groups/2542170695917362/
   (480) 249-5676
6. Chuck Waggin' Pet Food Pantry
   https://pacc911.org/chuck-waggin
   (602) 730-5044
7. Furry Friends Food Bank – Lost Our Home Pet Foundation
   www.lostourhome.org
   (602) 410-0983
8. Helping Hands for Homeless Hounds
   (602) 410-0983
9. Little Whiskers Pet Pantry
   https://littlewhiskers.org
   littkewhiskersanimalrescue2018@gmail.com
   (520) 371-1553
10. Lost Our Home – Furry Friends Food Bank
    https://www.lostourhome.org/get-help/pet-food-bank-program

(602) 730-5044

11. Once Upon A Paw
    https://onceuponapaw.org
    onceuponapaw@aol.com
    (312) 619-9020
12. The Goo
    https://onceuponapaw.org
    onceuponapaw@aol.com
    (312) 619-9020

PREGNANCY

1. Choices
   https://choicesaz.com/
   (602) 456-1254

RECOVERY RESOURCES

1. Alcoholics Anonymous
   http://aa-intergroup.org/
2. Alcoholics Anonymous Speaker Tapes
   http://www.recoveryaudio.org/
3. Cocaine Anonymous
   http://ca-online.org
4. In the Rooms
   http://intherooms.com/home/
5. Marijuana Anonymous
   http://ma-online.org
6. Narcotics Anonymous
   http://www.na.org/meeting search/
7. Overeaters Anonymous
   http://oa.org/find-a-meeting
8. Phoenix Rescue Mission
   https://phxmission.org/outreach
   (833) 467-3749 or dial 711
9. Al-Anon Family Groups
   http://al-anon.org/al-anon-meetings/electronicmeetings/

RECOVERY / TREATMENT CENTERS

1. Calvary Healing Center
   https://calvarycenter.com
   (602) 362-8589
2. Guiding Road Recovery Center

https://guidingroad.com/
(480) 588-2328

3. Paradise Valley Recovery
https://mogollontreatmentcenter.com/paradise-valley-residential/
(928) 466-4242
admissions@mogollontreatmentcenter.com
4. Reborn Assistance Association
https://rebornassistance.org
(602) 433-2382 Orangewood Property
(602) 682-5020 Fairmount Property
5. Sanctuary Recovery Centers
https://www.sanctuaryrecoverycenters.com
(480) 841-9105
6. Vogue Recovery Center
https://www.voguerecoverycenter.com/contact-us/
(602) 962-0868

AGED OUT

1. Thrive AZ
https://www.thriveaz.org/transitional-housing
(928) 985-0501

SENIOR ASSISTANCE

1. 24-hour senior helpline
(602) 264-4357
2. A Place for Mom
https://www.aplaceformom.com/
1(866) 589-2794
3. Casa Mia Elderly Housing
https://www.casamiaapts.com/
(602) 265-4734
4. Catholic Charities
https://www.catholiccharitiesaz.org/
(602) 285-1999
5. City of Phoenix Senior Services
https://www.phoenix.gov/humanservices/programs/older
(602) 262-7379
6. Foundation for Senior Living
https://www.fsl.org/
(602) 674-5289

7. Human Services of Phoenix
   https://www.phoenix.gov/humanservices/programs/older
   (602) 262-6666
8. Justa Center
   https://www.phoenix.gov/humanservices/programs/older
   (602) 254-6524
9. Labors Community Center
   https://www.lcsaphx.org/Programs/
   (602) 263-5741
10. Maricopa County on Aging
    https://www.aaaphx.org/
    (602) 264-2255
11. Medicare
    https://medicare.gov
    (800) 633-4227
12. Phoenix Sunnyslope Senior Center
    https://www.phoenix.gov/parks/recreation-and-community-centers/centers-s/sunnyslope
    (602) 262-7572
13. Phoenix Marcos de Niza Senior Center
    https://www.phoenix.gov/humanservices/programs/older/senior-centers
    (602) 254-6663
14. Ozanam Manor, assisted living
    (602) 580-6900
15. Maricopa County on Aging
    (602) 631-4800
16. Senior & Adult Services Programs
    https://www.maricopa.gov/3448/Senior-Adult-Services-Programs
    Services include adult day care, home delivered meals, house cleaning, etc.

SHELTERS

1. 211 Arizona
   https://211arizona.org/
   Dial 211 within Arizona
   - Shelter and housing options
   - Utilities assistance
   - Employment and Education opportunities
   - Healthcare
   - Addiction prevention and rehabilitation program
   - Confidential path out of domestic violence
   - Services for Veterans

- Supplemental Food and nutrition programs

2. AZCEND
   Shelter - AZCEND
   (480) 963-1423 Valentina Garcia – I-Help program
3. A New Leaf La Mesita Family Shelter
   https://turnanewleaf.org/services/housing-and-shelter/la-mesita-family-homeless-shelter/
   (877) 211-8661
   Family and individual services
4. Central Arizona Shelter Services
   Family Shelter
   (602) 595-8700
5. Central Arizona Shelter Services
   Single Adult Shelter
   https://www.azhousinginc.org/contact.html
   (602) 229-5155
6. Family Promise of greater PHX
   https://familypromiseaz.org/need-shelter/
   (480) 659-5227
7. Grace Sober Living
   https://gracesoberliving.org/
   (602) 675-2043
8. Homeless Shelters Directory
   https://www.homelessshelterdirectory.org
9. House of Refuge Sunnyslope
   https://www.refugesunnyslope.org/
   info@refugesunnyslope.com - Email
   (602) 678-0223
   (602) 678-0220
10. Phoenix Dream Center
    https://phoenixdreamcenter.org/get-help/
    (602) 346-8716
    (602) 816-6582 Men's intake
    (602) 706-1876 Women's intake
11. Phoenix Rescue Mission for Men
    (602) 233-3000
12. Phoenix Rescue Mission for Women
    (602) 346-3384
13. Phoenix Rescue Mission support center
    (602) 233-3000

14. St Vincent de Paul Family Residence Center
    https://www.stvincentdepaul.net/our-work/shelter-and-transitional-housing
    (602) 233-3000
15. UMOM New Day Centers
    https://www.umom.org/find-help
    (602) 626-8111
16. Vista Colina ER Family Shelter
    (602) 870-8778

SHOWERS, LAUNDRY SERVICES, HAIRCUTS FOR HOMELESS

1. Cloud Covered Streets (Local support for those experiencing homelessness)
   https://cloudcoveredstreets.org/phx-resources
   robert@cloudcoveredstreets.org – Email
   (480) 695-0004

TRANSPORTATION

1. Elaine
   ElaineAZ.org
   (602) 848-1717
   ElaineRiders@elaineaz.org
   8am – 5pm Monday thru Friday
2. Phoenix Rescue Mission
   https://phxmission.org/outreach
   (833) 467-3749 or dial 711

3. 211 Arizona
   https://211arizona.org/
   Dial 211 within Arizona

VET CLINICS – LOW COST

1. Arizona Animal Welfare League & SPCA
   aawl.org
   25 N. 40th Street
   Phoenix, AZ 85034
   (602) 273-6852 ext. 122
2. Arizona Humane Society
   www.azhumane.org
   1521 W. Dobbins Road
   Phoenix, AZ 85041
   (602) 997-7585

3. Bark Avenue Animal Hospital
   https://barkavepet.com/
   3109 E. McKellips Road
   Mesa, AZ 85213
   (480) 210-5610
4. North Phoenix Animal Clinic
   https://northphoenixanimalclinic.com/
   1610 E. Bell Road, Ste 107
   Phoenix, AZ 85022
   (602) 787-4240
5. Phoenix Dog Cat Bird Hospital
   https://phxveterinarian.com/
   3418 N. 7th Ave
   Phoenix, AZ 85013
   (602) 274-0161
6. Sun Valley Hope Animal Hospital
   https://sunvalleypets.org/
   7150 N. 110th Avenue
   Glendale, AZ 85307
   (623) 512-4673

VETERANS HELP

1. Ariona Chapter Paralyzed Veterans of America
   5015 N. 7th Ave
   Phoenix, AZ 85013
   https://www.azpva.org
   (602) 244-9168
2. Arizona Coalition for Military families
   https://arizonacoalition.org/
   (602) 753-8802
3. Arizona Department of Veterans Services
   https://dvs.az.gov/
   (602) 753-8802
   (602) 255-3373
4. Arizona Vet Centers
   Vet Centers (Readjustment Counseling) Home
   1(877) 927-8387
   4020 N. 20th St, Ste 110
   Phoenix, AZ 85016
   (602) 640-2981

5. Got DMEA?
   https://gotdme.org/search
6. Helping Hands for Freedom
   https://www.helpinghandsforfreedom.org/
   (602) 845-1390
   Helping families of the fallen, wounded & deployed
7. Lifeline for Vets (Legal, Health, Housing, Benefits and more)
   https://nvf.org/lifeline-for-vets/
   1(888) 777-4443
   1(800) 273-8255 #1 Stop Soldier Suicide
8. Military Assistance Mission
   https://azmam.org/
   (602) 246-6429
   Provides financial assistance and moral aid to AZ military and their families
9. Military One Source
   https://www.militaryonesource.mil/
   1(800) 342-9647
10. Veterans Hotline
    1(800) 698-2411
    (Financial, Housing, Medical)
11. US Vets
    https://usvets.org/
    (602) 717-6682

UTILITY ASSISTANCE

1. APS
   https://www.aps.com/en/Residential/Account/Assistance-Programs
   AZCEND
   Rent & Utilities | Chandler - AZCEND
   (480) 963-1423
   cap@azcend.org
   345 California St, Chandler, AZ 85225
   Application Prescreen · HSDClientPortal.Maricopa.Gov
2. City of Phoenix
   https://www.phoenix.gov/humanservices/programs/emergency
   (602) 534-2433
   Financial and utility assistance
3. St Vincent de Paul
   https://www.stvincentdepaul.net/get-help/rent-and-utility-bill-assistance
   (602) 508-6948

4. Salvation Army
   https://www.salvationarmyphoenix.org/family-services
   (602) 267-4127
   Call and leave contact information
   Project Share APS, SRP call
   (602) 267-4122