

PHOENIX RESOURCES

ANIMAL ASSISTANCE

1. Animals and Humans in Disaster
<https://www.animalsandhumansindisaster.org/>
Text for faster response or call (602) 909-7153
2. Arizona Pet Project supports families with pets
<https://azpetproject.org/resources/community-resources/>
(602) 882-8627
Low-cost vet clinics
3. Arizona Humane Society
<https://www.azhumane.org/resources-to-keep-your-pet/>
(602) 997-7585

APPLIANCE REPAIR

1. Helping Hands Home Repairs
Vinyard Church
<https://vineyardnorthphoenix.com/helpinghands/>
2. Weatherization Assistance Program
rehab.nsd@phoenix.gov
(602) 534-4444 ex. 3

CAR REPAIR HELP

1. Arizona Dept of Child Safety
<https://dcs.az.gov/helping-grand-concrete-resources>

CELL PHONE (FREE)

1. Life Wireless
<https://lifewireless.com/plans/arizona-lifeline-free-phone-service>
2. Boost Mobile
(866) 957-8278

CHURCH SERVICES/ PRAYER

1. Dream City Church services
Phoenix, Glendale, & Scottsdale Campus
Sunday 9 am & 11 am
Wednesday 630 pm (Phoenix Campus Only)
2. Global 365 Prayer Network

Prayer Pavillion – Phoenix Campus
Tuesday's 630 pm

CLOTHING

1. Andre House
<https://www.andrehouse.org>
(602) 255-0580
Services Laundry, Clothing, Shower, Blankets
2. Phoenix Rescue Mission
<https://phxmission.org/outreach>
(833) 467-3749 or dial 711

COUNSELING SERVICES

1. Jennifer Cecil, Church Counselor
(602) 694-5403
2. Phoenix Rescue Mission
<https://phxmission.org/outreach>
(833) 467-3749 or dial 711

DOMESTIC VIOLENCE

1. AZ Coalition
<https://www.acesdv.org>
Helpline chat (602) 279-2980 or (800) 782-6400
2. Chrysalis
<https://www.noabuse.org>
(602) 944-4999 Hotline
Services
 - Emergency shelter
 - Transportation
 - Case management / education supports groups
 - Counseling / mental healing
 - Transitional housing (480) 890-3039
 - Schedule intake (602) 955-9059
3. National help lines
 - Domestic violence (800) 799-7233
 - Sexual abuse (800) 656-4673
 - Strong hearts Native Helpline (844) 762-8483
 - Dating Abuse Hotline (866) 331-9474

4. Sojourner Center

<https://www.sojournercenter.org>

(602) 244-0997

If you are experiencing domestic violence, sexual assault or human trafficking, call (602) 244-0089

DISABLED PEOPLE HELP

1. Area Agency on Aging for disabled

<https://www.aaaphx.org/>

(602) 264-2255

65 and older

2. Catholic Charities

<https://www.catholiccharitiesaz.org/>

(602) 285-1999

3. Labor Community Services

<https://www.lcsaphx.org/Home/>

(602) 263-5741

4. Phoenix housing for disabilities

<https://www.phoenix.gov/housing/findingaffordablerental/persons-with-disabilities>

(602) 771-1000

5. Valley Life

<https://www.valleylifeaz.org/>

(602) 371-0806

DRUG / ADDICTION ASSISTANCE

1. Dream Center

<https://phoenixdreamcenter.org/>

(602) 346-8716 General Assistance

(602) 816-6582 Life Recovery Program Men

(602) 706-1876 Life Recovery Program Women

(602) 346-8786 or (602) 516-0033 Human Trafficking Program

2. Phoenix Rescue Mission

<https://phxmission.org/outreach>

(833) 467-3749 or dial 711

3. Teen Challenge AZ

<https://tcaz.org/>

1(800) 346-7859

EDUCATION (ADULT)

1. Literacy Phoenix
<https://literacyphoenix.org/lvmc@lvmc.net> - Email
(602) 274-3430
Learn English, High School Diploma

FINANCIAL/UTILITY HELP

1. APS crisis bill assistance
<https://www.aps.com/en/Residential/Account/Assistance-Programs/Crisis-Bill-Assistance>
2. Friendly House
<https://www.friendlyhouse.org/>
(602) 257-1870
Call 1st Thursday of the month 9 am – 11 am
3. City of Phoenix
<https://www.phoenix.gov/humanservices/programs/emergency>
(602) 534-2433
Financial and utility assistance
4. John F. Long Family Services
(602) 262-6510
Call Monday morning starting at 8 am
5. Human & Social Services
(602) 495-5229
Call at 8 am to make appointment
6. Travis L. Williams Family Services
(602) 534-4732
Call on Monday morning at 8 am
7. Salvation Army
<https://www.salvationarmyphoenix.org/family-services>
(602) 267-4127
Call and leave contact information
Project Share APS, SRP call
(602) 267-4122
8. Sunnyslope Family Services
(602) 495-5229
Call at 8 am to make appointment

9. Wildfire
<https://wildfireaz.org/>
(602) 404-0640

Rental Assistance

1. Chicanos Por La Causa
<https://cplc.org/regions/arizona>
(602) 253-0838 or (602) 527-8451
2. Department of Economic Security
<https://des.az.gov/ARAP>
1(833) 912-0878
3. Family Services Centers
<https://www.phoenix.gov/humanservices/programs/emergency>
(602) 534-2433
4. Foundation for Senior Living
<https://www.fsl.org/>
(602) 285-0505 ex. 180
5. Lutheran Social Services
<https://www.lss-sw.org/>
(480) 396-3795
6. Pilgrims Rest Baptist Church
<https://pilgrimrestphx.org/>
(480) 396-3795
7. Wildfire
<https://wildfireaz.org/>
(602) 404-0640
8. St Vincent de Paul
<https://www.stvincentdepaul.net/get-help/rent-and-utility-bill-assistance>
(602) 508-6948

Hotel Vouchers

1. Catholic Charities
(602) 285-1999
2. Salvation Army
(602) 267-4159
3. St. Vincent de Paul
(602) 254-4159

FOOD / PANTRY

1. Mom's Pantry

- <https://momspantryphoenix.org/>
(602) 992-0083
13440 N. Cave Creek Rd.
Phoenix, AZ 85022
Open Saturday 10-2 Sunday 10-1
2. Arizona Kosher Food Pantry
<https://azkosherpantry.org/>
(602) 492-4989
7118 N. 7th Street
Phoenix, AZ 85020
Monday – Friday 9 am – 1 pm
3. Dessert Mission Food Bank
<https://www.desertmission.com/food-bank/>
(602) 870-6062
9229 N. Fourth St
Phoenix, AZ 85020
Monday – Thursday 9 am – 5 pm
Friday 9 am – 12 pm
4. Foothills Food Bank
<https://foothillsfoodbank.com/>
(480) 488-1145
6038 E. Hidden Valley Drive
Cave Creek, AZ 85331
Monday-Friday 9 am – 12 pm
Thursdays 1-3 pm
5. Harvest Compassion
<https://harvestcompassioncenter.org/>
(602) 788-2444
4744 E. Thunderbird Rd., Ste 9
Phoenix, AZ 85032
Monday, Wednesday & Friday 8 am – 12 pm
6. Market on the Move (The 3000 Club Phx)
<https://www.marketonthemove.org/phoenix-home>
1741 West Rose Garden Lane #6-10
Phoenix, AZ 85027
(623) 980-7357
Friday 12-4 pm, Saturday 6-10 am, Wednesday 12-4 pm
7. Nourish Phx
<https://nourishphx.org/>
(602) 254-7450

- 501 S. 9th Ave
Phoenix, AZ 85007
Monday – Friday 9 am – 11 am
8. PV Community Food Bank
<https://www.pvcommunityfoodbank.org/>
(602) 867-9228 – Call to schedule Appt
Monday – Friday 9 am – 330 pm
Saturday 9 am – 1130 am
 9. St. Mary’s Food Bank
<https://azfoodhelp.org/>
(602) 344-4124 or (602) 242-3663
Food Delivery
<https://app.simplycast.com/?q=forms/new/take&token=645911538f0116-26037159>
 10. AZ dept of Health Services
WIC program
<https://www.azdhs.gov/prevention/azwic/>
(800) 252-5942
 11. Vineyard Food & Clothing
<https://vineyardnorthphoenix.com/foodbank/>
(623) 934-4000
6250 W. Peoria Ave
Glendale, AZ 85302
Monday, Tuesday & Thursday 7 pm
Wednesday, Friday, Saturday & Sunday 9 am

HEALTH / DENTAL

1. AZ Dept. of Health Services
<https://des.az.gov/services/basic-needs/food-assistance/contact-des>
1(855) 432-7587
2. Carrington Dental School
(602) 427-0722 Phoenix
3. Circle the City
<https://circlethecity.org/>
(602) 776-0776
4. Circle the City – Mobile Medical Care
<https://circlethecity.org/MOBILE-MEDICAL-CARE/>
(602) 776-0776
5. Desert Mission Health Center - Noah
<https://noahhelps.org/health-center-locations/desert-mission-health-center/>

- (480) 882-4545
6. Keys to Change
<https://keystochangeaz.org/>
(602) 282-0853
 7. Happily Ever After League – AZ mom’s cancer recovery with one dependent child at home.
<https://www.happilyeverafterleague.org/>
(602) 271-9961
 8. Phoenix College Dental Clinic
<https://www.phoenixcollege.edu/community/community-services/dental-clinic>
(602) 285-7323
 9. Phoenix Children’s
<https://phoenixchildrens.org/about-us/healthcare-outreach/crewsn-health>
(602) 933-9339
 10. Bob & Renee Parsons Children’s Dental Clinic
<https://www.bgcaz.org/parsons-dental-clinic/>
(602) 271-9961
 11. SVDP Medical and Dental Clinic for children
(602) 261-6888
Adult dental servs, there is a lottery for the first 30 people that show up
Opens 8 am
 12. Desert Mission Health Center - Noah
<https://noahhelps.org/health-center-locations/desert-mission-health-center/>
(480) 882-4545

HELPFUL HOTLINES

1. Treatment Locator
(800) 662-4357
<http://findtreatment.gov>
2. National Domestic Violence Hotline
(800) 799-7233
<http://thehotline.org/help/>
3. The National Alliance for Mental Illness (NAMI)
(800) 950-6264
<https://www.nami.org/About-Mental-Illness/Common-with-Mental-Illness/Substance-Use-Disorders>
4. Hazelden Betty Ford Foundation
(800) 950-6264
<http://www.hazeldenbettyford.org/recovery/tools/daily-pledge>
5. National Suicide Prevention Lifeline

- (800) 273-8255
6. National Child Abuse Hotline
(800) 422-4453
 7. National Association for Children of Alcoholics
(888) 554-2627
 8. Alateen
(888) 425-2666
 9. National Drug Abuse Hotline
(800) 662-4357
 10. Youth Crisis Line
(800) 448-4663

HOUSING ASSISTANCE

1. Hope for Homes
<https://hopeforhomesinc.com/>
(602) 518-0089
2. Phoenix Rescue Mission
<https://phxmission.org/outreach>
(833) 467-3749 or dial 711
3. Phoenix Housing Department
<https://www.phoenix.gov/administration/departments/housing.html>
(602) 262-6794

JOB TRAINING

1. Arizona Job Connection
<https://www.azjobconnection.gov/programs>
(602) 542-2460
2. Arizona@Work
<https://arizonaatwork.com/recruit-talent/training-programs>
3. Phoenix Rescue Mission
<https://phxmission.org/outreach>
(833) 467-3749 or dial 711
4. SVDP
(602) 850-6722
5. US Department of Labor
<https://www.dol.gov/general/topic/training/adulttraining>
1(866) 487-2365

LEGAL SERVICES

1. Arizona Justice Center
<https://www.azjusticecenter.org/>
(623) 847-2772 Main Phone
(623) 939-6546 Law Division
2. Arizona Legal Services
<https://azlegalservices.com/>
(602) 788-5340
3. Community Legal Services
<https://clsaz.org/>
(602) 258-3434
4. Legal Aid of Arizona
<https://legalaidaz.com>
(480) 658-2552

MEDICAL EQUIPMENT

1. Got DME?
<https://gotdme.org/search>

MORTGAGE HELP

1. Arizona Department of Housing
<https://housing.az.gov>
(877) 448-1211

NATIVE AMERICANS HELP

1. Phoenix Indian Center
www.nativeconnections.org
(602) 264-6768

PREGNANCY

1. Choices
<https://choicesaz.com/>
(602) 456-1254

RECOVERY RESOURCES

1. Alcoholics Anonymous
<http://aa-intergroup.org/>
2. Alcoholics Anonymous Speaker Tapes
<http://www.recoveryaudio.org/>
3. Cocaine Anonymous
<http://ca-online.org>

4. In the Rooms
<http://intherooms.com/home/>
5. Marijuana Anonymous
<http://ma-online.org>
6. Narcotics Anonymous
[http://www.na.org/meeting search/](http://www.na.org/meeting_search/)
7. Overeaters Anonymous
<http://oa.org/find-a-meeting>
6. Phoenix Rescue Mission
<https://phxmission.org/outreach>
(833) 467-3749 or dial 711
8. Al-Anon Family Groups
<http://al-anon.org/al-anon-meetings/electronicmeetings/>

SENIOR ASSISTANCE

1. 24-hour senior helpline
(602) 264-4357
2. A Place for Mom
<https://www.aplaceformom.com/>
1(866) 589-2794
3. Casa Mia Elderly Housing
<https://www.casamiaapts.com/>
(602) 265-4734
4. Catholic Charities
<https://www.catholiccharitiesaz.org/>
(602) 285-1999
5. City of Phoenix Senior Services
<https://www.phoenix.gov/humanservices/programs/older>
(602) 262-7379
6. Foundation for Senior Living
<https://www.fsl.org/>
(602) 674-5289
7. Human Services of Phoenix
<https://www.phoenix.gov/humanservices/programs/older>
(602) 262-6666
8. Justa Center
<https://www.phoenix.gov/humanservices/programs/older>
(602) 254-6524
9. Labors Community Center
<https://www.lcsaphx.org/Programs/>

- (602) 263-5741
10. Maricopa County on Aging
<https://www.aaaphx.org/>
(602) 264-2255
 11. Phoenix Sunnyslope Senior Center
<https://www.phoenix.gov/parks/recreation-and-community-centers/centers-s/sunnyslope>
(602) 262-7572
 12. Phoenix Marcos de Niza Senior Center
<https://www.phoenix.gov/humanservices/programs/older/senior-centers>
(602) 254-6663
 13. Ozanam Manor, assisted living
(602) 580-6900
 14. Maricopa County on Aging
(602) 631-4800
 15. Senior & Adult Services Programs
<https://www.maricopa.gov/3448/Senior-Adult-Services-Programs>
Services include adult day care, home delivered meals, house cleaning, etc.

SHELTERS

1. 211 Arizona
<https://211arizona.org/>
Dial 211 within Arizona
 - Shelter and housing options
 - Utilities assistance
 - Employment and Education opportunities
 - Healthcare
 - Addiction prevention and rehabilitation program
 - Confidential path out of domestic violence
 - Services for Veterans
 - Supplemental Food and nutrition programs
2. A New Leaf La Mesita Family Shelter
<https://turnanewleaf.org/services/housing-and-shelter/la-mesita-family-homeless-shelter/>
(877) 211-8661
Family and individual services
3. Central Arizona Shelter Services
Family Shelter
(602) 595-8700
4. Central Arizona Shelter Services
Single Adult Shelter

- <https://www.azhousinginc.org/contact.html>
(602) 229-5155
5. Family Promise of greater PHX
<https://familypromiseaz.org/need-shelter/>
(480) 659-5227
 6. Homeless Shelters Directory
<https://www.homelessshelterdirectory.org>
 7. House of Refuge Sunnyslope
<https://www.refugesunnyslope.org/>
info@refugesunnyslope.com - Email
(602) 678-0223
(602) 678-0220
 8. Phoenix Dream Center
<https://phoenixdreamcenter.org/get-help/>
(602) 346-8716
(602) 816-6582 Men's intake
(602) 706-1876 Women's intake
 9. Phoenix Rescue Mission for Men
(602) 233-3000
 10. Phoenix Rescue Mission for Women
(602) 346-3384
 11. Phoenix Rescue Mission support center
(602) 233-3000
 12. St Vincent de Paul Family Residence Center
<https://www.stvincentdepaul.net/our-work/shelter-and-transitional-housing>
(602) 233-3000
 13. UMOM New Day Centers
<https://www.umom.org/find-help>
(602) 626-8111
 14. Vista Colina ER Family Shelter
(602) 870-8778

SHOWERS, LAUNDRY SERVICES, HAIRCUTS FOR HOMELESS

1. Cloud Covered Streets (Local support for those experiencing homelessness)
<https://cloudcoveredstreets.org/phx-resources>
robert@cloudcoveredstreets.org – Email
(480) 695-0004

TRANSPORTATION

1. Phoenix Rescue Mission
<https://phxmission.org/outreach>
(833) 467-3749 or dial 711
2. 211 Arizona
<https://211arizona.org/>
Dial 211 within Arizona

VETERANS HELP

1. Ariona Chapter Paralyzed Veterans of America
5015 N. 7th Ave
Phoenix, AZ 85013
<https://www.azpva.org>
(602) 244-9168
2. Arizona coalition for Military families
<https://arizonacoalition.org/>
(602) 753-8802
3. Arizona Department of Veterans
<https://dvs.az.gov/>
(602) 753-8802
4. Arizona coalition for Military families
<https://arizonacoalition.org/>
(602) 753-8802
5. Got DMEA?
<https://gotdme.org/search>
6. Helping Hands for Freedom
<https://www.helpinghandsforfreedom.org/>
(602) 845-1390
Helping families of the fallen, wounded & deployed
7. Military Assistance Mission
<https://azmam.org/>
(602) 246-6429
Provides financial assistance and moral aid to AZ military and their families
8. Military One Source
<https://www.militaryonesource.mil/>
1(800) 342-9647
9. US Vets
<https://usvets.org/>
(602) 717-6682

UTILITY ASSISTANCE

1. APS

<https://www.aps.com/en/Residential/Account/Assistance-Programs>

2. St Vincent de Paul

<https://www.stvincentdepaul.net/get-help/rent-and-utility-bill-assistance>

(602) 508-6948

3. Salvation Army

<https://www.salvationarmyphoenix.org/family-services>

(602) 267-4127

Call and leave contact information

Project Share APS, SRP call

(602) 267-4122